

## Services offered in the West Coast Region:

- ◆ Home visiting service throughout the region
- ◆ Monthly Carer Support Group in Greymouth
- ◆ Monthly Memory Group in Greymouth
- ◆ Monthly Social Cafes for people with dementia and carers in Greymouth, Westport and Hokitika
- ◆ Annual Making a Difference Education Course
- ◆ Social Events
- ◆ Newsletters
- ◆ Library & Resource Material
- ◆ Website (downloadable information)

If you do not have a group or cafe in your area and would like to be part of one, please contact the Key Worker on FreePhone 0800 259 226 or email to: [admin@dementiacanterbury.org.nz](mailto:admin@dementiacanterbury.org.nz) or write to: PO Box 20567, Bishopdale Christchurch 8543.

If you would like to know more about the services we offer or wish to become a member of Dementia Canterbury please contact:

Dementia Canterbury  
03 379 2590  
or  
Free phone (from the West Coast)  
0800 259 226

E: [admin@dementiacanterbury.org.nz](mailto:admin@dementiacanterbury.org.nz)

[www.dementiacanterbury.org.nz](http://www.dementiacanterbury.org.nz)



## West Coast

This brochure contains information about our services for people diagnosed with dementia and their families/whanau

Dementia Canterbury has a designated Worker on the West Coast.

**Contact our Key Worker 027  
343 5466**

**Free-phone: 0800 259 226**

3/49 Sir William Pickering Drive, Burnside, Christchurch  
PO Box 20567, Bishopdale, Christchurch 8543  
Phone: 03 379 2590  
0800 444 776 (Canterbury area)  
0800 259 226 (West Coast area)  
E [admin@dementiacanterbury.org.nz](mailto:admin@dementiacanterbury.org.nz)

## How can our Key Worker assist you?

By enabling people with dementia and their families/whanau to address matters such as:

- Coming to terms with a diagnosis
- Understanding dementia
- Adapting to changes within relationships
- Grief and loss related to change
- Future planning
- Stress Reduction
- Reduce social isolation
- Manage behavioural changes
- Information about Legal and Financial issues
- Education and support related to abuse/neglect

## Our Key Worker can:

- Arrange to meet you and/or your family/whanau at home or a place of your choice to discuss your situation, including any concerns and needs you may have
- Provide information and/or education about dementia and the services available from Dementia Canterbury and in the wider community
- Advocate on your behalf if you are working with government and other agencies i.e. WINZ, medical professionals, etc to achieve the best possible outcome
- Assist you with a plan for coping with change, based on your choices and unique situation and support you to manage the changes
- Periodically review your situation and make changes where appropriate to achieve the best possible outcome

## How can you access our Key Worker?

- To access our full range of services a formal diagnosis from your GP or specialist is required

## Who can refer?

- You can self refer
- Your family/whanau and friends can make contact
- Your GP and/or other health professionals can refer you to our service

## What can you expect from our Key Worker?

You can expect the Key Worker to:

- Respect your privacy and confidentiality
- Value your unique situation
- Recognise the diversity of cultural and spiritual beliefs and backgrounds
- Follow the principles of the Treaty of Waitangi